

Network News



Abilities Network®

9/1/18

**Child Resource Center
Baltimore
County
at
Abilities Network
Project ACT**

8503 LaSalle Rd
Towson, MD
Phone
(443) 900-6458

**Monday - Friday
9:00 am - 4:00 pm
Call for additional
hours**

Fax
(410) 828-7708

Back to School

As we start the new 2018-19 school year, we here at the Child Resource Center are excited about all of the wonderful events we have planned! The 2018 Early Childhood Conference will be presented by Abilities Network Project ACT and The Community College of Baltimore County on Saturday, October 6th. This year's theme is It's Easy to Be Green. It will be chock full of ideas about the natural world and eco-friendly activities. Check out the training calendar to see what fascinating workshops we are offering over the next few months.

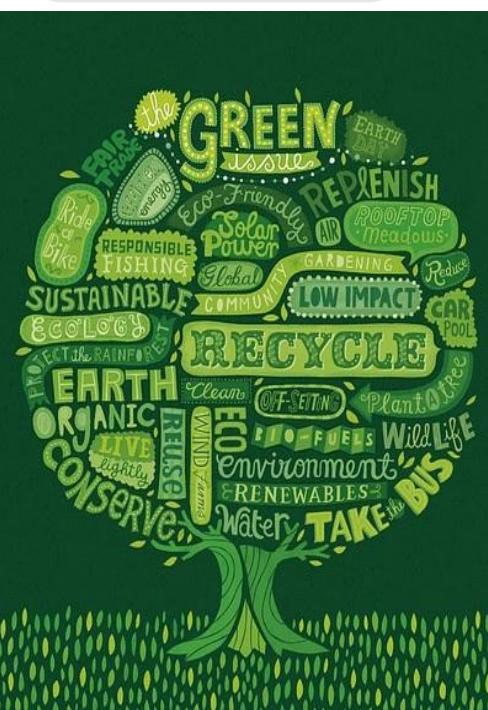
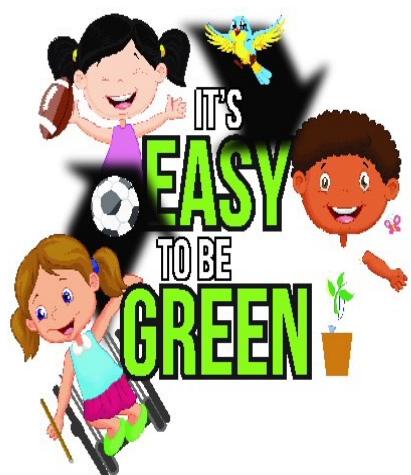
Do you need Professional Activity Units? Come over and volunteer with us for 6 hours and earn 1 unit AND/OR join as a member and earn 1 unit ~ Sara Bosley

~ Sara Bosley

It's Easy to Be Green

Using recycled materials for art projects or block structures, getting outside and exploring the natural world, becoming curious about insects and wildlife, and finding ways to use eco-healthy products are all a part of being green. It's easy to do and here are some resources to help you on your way!

- ◊ Growing Up Wild, Exploring Nature with Young Children www.projectwild.org/growingupwild
 - ◊ Nature Play: Visiting an Outdoor School in the Pacific Northwest by Dr. Kendall Becherer
 - ◊ Early Childhood Activities for a Greener Earth by Patty Born Selly
 - ◊ A Color of His Own by Leo Lionni
 - ◊ An Earthworm's Life by John Himmelman
 - ◊ From Seed to Plant by Gail Gibbons
 - ◊ In the Small, Small Pond by Denise Fleming
 - ◊ The Icky Bug Alphabet Book by Jerry Pallotta



Weather Advisory



Abilities Network will follow Baltimore County Schools weather closing or delay. You can check WBALTV 11 for severe weather delays. Trainings cancelled due to weather will be rescheduled. If you have concerns about whether resource center is open or training cancelations, please call (443) 900-6458.

On Site Trainings

Did you know your teachers' training needs can be met in the comfort of your own center? We can send our approved trainers to your location during staff meetings, in-service days and nap times.

Call (443) 900-6458 today to find out about a variety of training we can offer you and your staff!

An advertisement for Project ACT Child Resource Centers. It features a blue background with three orange birds. The text "Project ACT Child Resource Centers" is at the top, followed by "Become a Member!". Below that is a box containing text: "Purchase a membership and receive a Professional Activity Unit, discounts on training, exclusive deals in the resource room and more!" There are two small photographs: one of a baby looking up and another of a woman and two children at a table. At the bottom is the website "www.anprojectact.com".

Did you know that even looking at a picture of nature can have some of the same benefits as actually being in nature?

- ◊ Consider hanging some pictures of landscapes in the cozy area so children can look at them as they are relaxing.
- ◊ Hang natural pictures in the Dramatic Play Center as artwork. Old calendar pages work well.
- ◊ Love the beach? Hang a photo of the beach at your eye level. When you are feeling stressed, take a moment to look at the picture and take some deep calming breaths.

Let the children PLAY
stomp in PUDDLES climb trees
Dig in the DIRT go on a
bug hunt make mud PIES
ROLL DOWN a HILL build
a cubby make a Daisy chain
create a garden for fairies
Playing outside makes
children SMARTER
healthier
HAPPIER

Training Policies & Procedures

Training Sessions

- ◊ Registration is not considered complete until payment is received.
- ◊ Training sessions begin promptly; plan to arrive at least 15 minutes EARLY for the training. Sign-in will be allowed until 15 minutes after the start of the training; after 15 minutes you will not be permitted to join the training and this will be considered a "missed class". Refunds or credits are not issued for a missed class.
- ◊ A certificate will only be given for attending the entire training session/series (ex: if you leave early you will not receive a certificate). If you miss any part of a multi-part course, you will not receive certificate. All training sessions end on time. Participants must ensure modes of transportation are secured for prompt pick-up. Abilities Network is not responsible for participants who remain outside the building.
- ◊ **Due to our building's security, if you exit the building during a training, you will be unable to return. This includes leaving the floor the training takes place on.**
- ◊ Registration for trainings must be done 48 hours prior to the training date. Please note, some events reach max enrollment and providers will be unable to register for training after full capacity is reached.

Training Format

- ◊ Training sessions are recognized and approved by the Maryland State Department of Education – Office of Child Care (OCC). In accordance with COMAR, an assessment is given at all training sessions.
- ◊ Successful completion of course materials includes a passing score on the assessment and will earn a Core of Knowledge certificate. Certificates take 4 to 6 weeks to process and will be mailed to the address provided at registration.
- ◊ If a participant does not receive a passing score, the participant will be contacted by email to set up a time to review the training and earn a passing score. If within two weeks of contact , the participant still does not receive a passing score, no training certificate will be issued.
- ◊ The duplicate certificate fee is \$10.00 which must be paid in full before certificate request is processed.

Refund/Credits

- ◊ **Registration is non-refundable.**
- ◊ In the event a student wishes to cancel registration, a credit for future training may be issued.
- ◊ Cancellations must be received 48 hours prior the scheduled start time.
- ◊ Credits for future training must be used within 6 months of canceled training date.
- ◊ **Missed training sessions will not be credited.**

Class Cancellations

- ◊ Training sessions are cancelled if Public Schools are closed due to inclement weather or other emergency.
- ◊ Training sessions may also be cancelled due to low enrollment. Classes cancelled due to low enrollment will be cancelled 72 hours ahead of time.
- ◊ You will be notified by email if a class is cancelled. We will do our best to reschedule or substitute the training. If the training cannot be rescheduled, a substitution cannot be arranged, or if you are unable to attend the rescheduled training, you will receive a full refund.

Participants Only

- ◊ Training sessions are designed for REGISTERED ADULTS only.

Did you know you can register for training and pay online?

Visit our website www.anprojectact.org

Training	Participant Name (s)	Training Title	Cost

Method of Payment

Total Amount

\$

Check (Made payable to Abilities Network)

Child Resource Center at Abilities Network Project ACT Voucher _____

Visa

MasterCard

Credit Card #

Exp. date

CVV Code

Training Calendar

Date Location/ Time	Training Name	COK Hour	Description	Cost
9/6/18 Towson Office 6:30-8:30	How to Cope with Bullying Behaviors	HSN-2	In this training, participants will learn to identify the causes and signs of bullying behavior in children as well as understand the reasons why some children have bullying behaviors. Through movie clips and group participation, participants will receive working strategies for handling both bullies and their victims in order to provide a safe learning environment for all children.	\$25 nonmember \$20 member
9/11/18 Towson Office 6:30-9:30	Using Visual Supports to Create Inclusive Environments	SN-1 CUR-2	During this workshop participants will learn what visual supports are as well as how visual supports can be utilized in their classrooms to support an inclusive environment. This workshop will discuss various benefits and the importance of utilizing visual supports in their classroom setting in efforts to assist children in being successful.	\$30 nonmember \$25 member
9/13/18	EXCELS Work Group	NA	Stay tuned for more information about the topic.	FREE <i>but registration is required</i>
9/17/18 Towson Office 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member
9/18/18 Towson Office 6:00- 6:30	Supporting Breastfeeding in Child Care	.5 CTE	The Supporting Breastfeeding class meets the training requirement for child care facilities and family child care providers who care for infants and toddlers.	\$10 nonmember \$5 member
9/18/18 Towson Office 6:30-8:30	SIDS, SUID and Other Sleep Related Infant Deaths	HSN-2	As infant and toddler caregivers, it is important to understand SIDS and sleep related deaths, including the many strategies which can be implemented to reduce the risk of sleep related deaths. Participants will review what SIDS and sleep related deaths are, review recent research and statistics, recommendations and strategies for keeping children safe.	\$25 nonmember \$20 member

9/20/18 Towson Office 6:30-9:30	What Should We Talk About? Best Practices in Communicating with Infants and Toddlers	CD-2 SN-1	This workshop is designed to provide participants with a variety of communication tools they can embed into their daily practices to support the language development of infants and toddlers. Through a series of interactive activities, teachers will gain skills and confidence to use new skills when they return to their programs.	\$30 nonmember \$25 member
9/24/18 Towson Office 5:30-9:30	On Track: Developmental Overview	CD-2 PRO-2	Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulations, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and on-going process of screening.	\$40 nonmember \$35 member
9/26/18 <i>and</i> 9/27/18 Towson Office 6:30-9:30	Medication Administration	HSN-6	This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; and regulations for hygiene, safety, and measurements.	\$75 <i>Must attend both sessions to receive certificate</i>
10/06/18 CCBC OWINGS MILLS 8:30-4:30	It's Easy to Be Green	CUR-6	Join us for our 9 th annual early childhood conference! Check our website for more details.	Prices vary
10/8/18 Towson Office 6:30-9:30	Basic Health and Safety	HSN-3	This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas. Key topics include: establishing and maintaining a safe and healthy environments; safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures.	\$30 nonmember \$25 member
10/9/18 Towson Office 6:30-8:30	A Play on Literacy	CUR-2	Participants will discuss literacy milestones for ages 6 months through 5 years. This is an in-depth training on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children's literacy developments and how to implement adaptions for children with disabilities.	\$25 nonmember \$20 member

10/11/18 Towson Office 6:30-8:30	EXCELS Work Group	NA	Stay tuned for more information about the topic.	<i>FREE but registration is required</i>
10/11/18 Towson Office 6:30-8:30	**Skill Builders Series: Positive Guidance Time In	SN-2	Participants will explore reasons for behavior. Participants will learn how observation can help determine the function of a behavior. Preventative strategies will be shared to implement in the classroom.	\$25 nonmember \$20 member
10/15/18 1:00- 3:00	EXCELS Work Group	NA	Stay tuned for more information about the topic.	<i>FREE but registration is required</i>
10/15/18 Towson Office 6:30-9:30	Biting: When, Why, and How to Stop It	CD-1 CUR-1 HSN-1	This training will explore the developmental reasons why some children bite, how to set up an environment to reduce the opportunity for biting to occur and strategies to reduce occurrence.	\$30 nonmember \$25 member
10/17/18 Towson Office 6:30-9:30	Sensory Sensitivities	SN-1.5 CUR- 1.5	This training provides participants with an understanding of sensory integration, sensory integration dysfunction, and how sensory issues can impact children with autism spectrum disorders. It discusses ways to include sensory activities that assist children with Autism Spectrum Disorders (ASD) to be successful in their learning environments.	\$30 nonmember \$25 member
10/18/18 Towson Office 6:30-9:30	Outdoor Learning Opportunities: Bringing the Classroom Outdoors	CD-1 CUR-1 HSN-1	Participants will discuss in depth the importance of outdoor play for young children. Participants will be exposed to many innovative ideas to bring the indoor classroom environment outdoors including such ideas as dramatic arts, visual arts, musical opportunities, nature journaling and planting a garden.	\$30 nonmember \$25 member
10/24/18 Towson Office 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member
10/29/18 Towson Office 6:30-8:30	Toilet Training: Catching the Cues of the Potty Dance	CD-2	We will discuss developmental readiness of the child versus the readiness of the adult. Learn sure-fire toileting training techniques including celebrating the victories.	\$30 nonmember \$25 member
10/30/18 Towson Office 6:30-9:30	Managing Stress at Any Age	HSN-2 PRO-1	This training is designed to increase participants' knowledge of stress and how to manage its symptoms. This training introduces participants to different types of stress.	\$30 nonmember \$25 member

11/1/18 Towson Office 6:30-9:30	Classroom Schedules and Transitions: Tricks and Tips to Help Your Day Run Smoothly	CUR-3	Having a great schedule that considers the needs and capabilities of your infants, toddlers, and preschoolers can make the difference between great and not-so-good days. Just as important as the schedule, is how you transition from one activity to another.	\$30 nonmember \$25 member
11/5/18 Towson Office 6:30-9:30	Multiple Intelligences	SN-2 CUR-1	Participants will learn to identify the unique learning strengths of children and how to apply practical strategies to promote inclusive and empowering learning opportunities for all through of Multiple Intelligences.	\$30 nonmember \$25 member
11/7/18 <i>and</i> 11/8/18 Towson Office 6:30-9:30	Medication Administration	HSN-6	This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; and regulations for hygiene, safety, and measurements.	\$75 <i>Must attend both sessions to receive certificate</i>
11/15/18 Towson Office 1:00-3:30	MD Child Care Credentialing Overview	PRO-2	This training will discuss the goals of the voluntary program that recognizes childcare workers who exceed the licensing standards. It will include information on the 7 staff levels and the 4 administrator levels. There will also be a workgroup focused on completing the application.	FREE <i>but registration is required</i>
11/15/18 Towson Office 6:30-9:00	MD Child Care Credentialing Overview	PRO-2	This training will discuss the goals of the voluntary program that recognizes childcare workers who exceed the licensing standards. It will include information on the 7 staff levels and the 4 administrator levels. There will also be a workgroup focused on completing the application.	FREE <i>but registration is required</i>
11/15/18 Towson Office 6:30-8:30	**Skill Builders Series: Positive Guidance Establishing a Positive Approach to Address Challenging Behaviors Part 1	CUR-1 CD-1 SN-2	This interactive training is a comprehensive look at positive ways to approach challenging behaviors in the classroom. Part 1 explores the attitudes and strategies necessary to create a positive environment for children. Part 2 explores steps teachers should follow to create effective behavior plans. Both parts must be taken to successfully complete the course and receive a training certificate. Participants will leave this training with several strategies they can choose to implement immediately in their educational setting.	\$40 nonmember \$35 member
11/28/18 Towson	Indoor/Outdoor Nature Based	CUR-3	Long before electronic toys, LEGOS, or even stuffed animals, infants and toddlers learned in	\$30 nonmember

Office 6:30-9:30	Learning for Infants and Toddlers		and from their natural environment—nature! his training will identify ways in which infant and toddler programs can incorporate developmentally appropriate play based nature experiences in their indoor and outdoor environments.	\$25 member
11/29/18 Towson Office 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member
12/4/18 Towson Office 6:30-9:30	Basic Health and Safety	HSN-3	This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas. Key topics include: establishing and maintaining a safe and healthy environments; safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures.	\$30 nonmember \$25 member
12/5/18 Towson Office 6:30-9:30	Social Studies All Around Me	CUR-3	During this workshop, providers will recognize that social studies concepts and activities are all around them for use in daily learning. Participants will learn how to teach civics, history, geography, and economics on the preschool and school age levels in a developmentally appropriate way.	\$30 nonmember \$25 member
12/6/18 Towson Office 6:30-9:30	Lively Arts for Preschoolers	CUR-3	The Arts is more than drawing and painting. There are a variety of mediums that enable young children to express themselves in unique ways through dance, movement, singing, drawing, painting, and so much more. The Arts offer children whole body experiences enabling them to share their unique self.	\$30 nonmember \$25 member
12/10/18 Towson Office 1:00-3:00	EXCELS Work Group	NA	Stay tuned for more information about the topic.	<i>FREE but registration is required</i>
12/10/18 Towson Office 6:30-8:30	EXCELS Work Group	NA	Stay tuned for more information about the topic.	<i>FREE but registration is required</i>
12/10/18 Towson Office	Sensory Play for Infants and Toddlers	CUR-2	Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional	\$25 nonmember \$20

6:30-8:30			everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in infants and toddlers.	member
12/11/18 Towson Office 6:30-9:30	Building Strong Teams Through Understanding Personality Types	PRO-3	This workshop explores the essential qualities of a team player, the top reasons why there is a breakdown in teamwork, and then explores the different personalities through the lens of Psychogeometrics. Your team will gain new insights into how each team member is shaped.	\$30 nonmember \$25 member
12/13/18 Towson Office 6:30-8:30	**Skill Builders Series: Positive Guidance Establishing a Positive Approach Part 2	See Part 1 on 11/15/18 for more information.	Part 2: See Part 1 on 11/15/18 for more information. You must attend Part 1 in order to attend Part 2.	See Part 1 on 11/15/18 for more information.
12/19/18 Towson Office 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member

**** Skill Builders Series: Register for all 3 trainings and receive a 15% discount!**

This training series is designed to provide early childhood professionals with the opportunity for an in-depth exploration of challenging behaviors. Cohorts participate in group discussion and ongoing extension activities, gaining the advanced skills needed to provide the highest quality of care.

To register, visit www.anprojectact.org



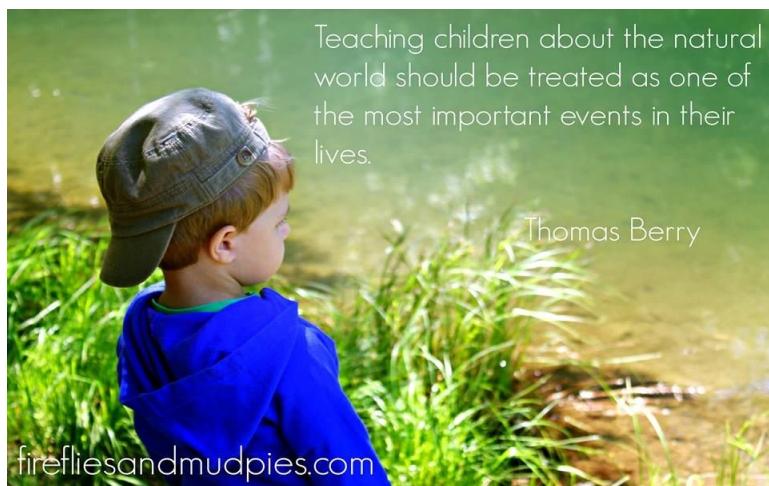
Year of Bonuses! "Getting Published Pays"

Bonuses will be paid to Maryland EXCELS participating programs that publish a first-time quality rating 1 through 5, or republish a quality rating 5, from October 1, 2018 through September 30, 2019.

For more information, visit www.marylandexcels.org/bonus

Why Go Outside?

- ◊ It gets children and providers moving and breathing fresh air: Exercise releases feel good endorphins, and not breathing stale inside air is good for your lungs.
- ◊ It increases curiosity: Children and adults alike can wonder about things they see outside, like why do worms come out after it rains? Why are some flowers red and some are yellow?
- ◊ It reduces stress: Research has shown that being outside can reduce stress and feelings of anxiety. Take a minute for you and the children to become fully immersed. What do you hear? What do you see? What do you feel?
- ◊ It promotes creativity: Look for shapes in the clouds. Encourage children to create their own games. Use materials collected from outside to make art projects or block structures.



**Child Resource
Center**

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8503 LaSalle Rd
Towson, MD 21286

Phone:
443-900-6458
E-mail:
crcbc@abilitiesnetwork.org

Serving Baltimore,
Harford and Cecil
Counties

WE ARE ON THE
INTERNET!

WWW.ANPROJECTACT.ORG

Discount when you attend all 3

Skill Builders Series: Positive Guidance

Second Thursdays Oct-Dec

Join a cohort of professionals for a series of trainings to build your skills in providing positive guidance. Receive 6 COK hours and add to your toolbox of strategies.

To register, visit www.anprojectact.org



Network News

