

Network News



[Abilities Network®]

1/1/20

Baltimore County
Child Resource Center
at
Abilities Network
Project ACT

8503 LaSalle Rd
Towson, MD
Phone
(443) 900-6458

Monday - Friday
9:00 am - 4:00 pm
Call for additional
hours

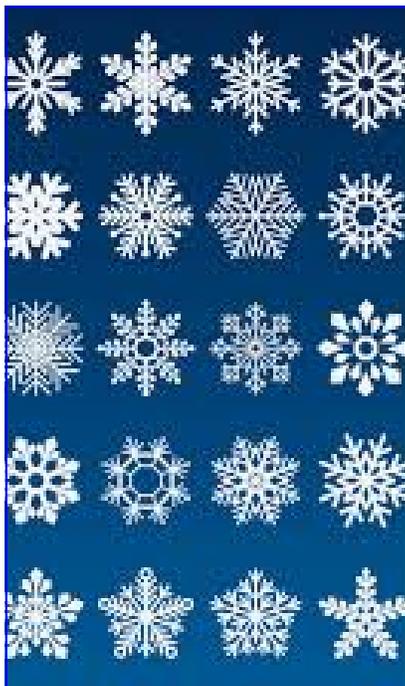
Fax
(410) 828-7708

Play outside in the winter?? But it's too cold...

Are you worried about taking young children outside because it's too cold or snowy? You needn't worry; there are a lot of benefits of playing outside in the winter. Here are some of them:

- **Wintery fresh air and sunshine keep kids healthy.** Playing outside in cold weather doesn't make kids sick; the opposite is actually true. Kids that play outside in the winter stay healthier throughout the winter months. This is because winter germs like to stay indoors so getting outside prevents kids from getting sick. When kids play outside in the winter they also get extra vitamin D when they go out in the winter which is important for healthy bones and a healthy immune system.
- **Winter play gives kids a much needed break from screen time.** Kids these days are spending a lot of time in front of screens and even more so during the winter when it tends to be colder and darker outside. Getting our kids outside in the winter, even just a short walk around the block, gives them a much needed break from screen time and helps them see all the fun winter activities just waiting for them to try.
- **Winter weather supplies kids with fun materials for play.** Winter time transforms the outside world in magical ways and provides kids with a whole new set of loose parts to play. Snow, ice, slush, snowflakes, pine-cones and sticks can be transformed and used in countless ways and help children use their creativity, imagination and problem solving skills.
- **Winter outdoor play makes kids happy!** Playing outside improved kids' mental well being and this is true in all seasons – especially in winter when the days are shorter. Outdoor active play helps kids feel less stressed, depressed, anxious and it improves their self-esteem too.

All you need to do is remind families that you go outside every day and they need to send weather appropriate clothes.



WEATHER ADVISORY



Abilities Network will follow Baltimore County Schools weather closing or delay. You can check WBALTV 11 for severe weather delays. Trainings cancelled due to weather will be rescheduled. If you have concerns about whether resource center is open or training cancelations, please call (443) 900-6458.

On Site Trainings

Did you know your teachers' training needs can be met in the comfort of your own center? We can send our highly qualified trainers to your location on evenings, weekends, during staff meetings, in-service days or nap times.

Call (443) 900-6458 today to find out about the variety of training we can offer you and your staff!



WINTER FUN IDEAS:

- ◆ Bring some snow inside and put in some bowls or your sensory table. Provide some materials, such as watercolors and paintbrushes, sand shovels, measuring cups and spoons, toy trucks, and whatever else you can think of! Kids can wear gloves and play in the snow from the comfort of the indoors.
- ◆ Feed the birds: Make and hang bird feeders. Children can watch the birds and try to identify the different types. You can find many different types of DIY birdseed and feeders online.
- ◆ Create an obstacle course outside. Have the children help you make piles of snow and a balance beam made of snow. Children can jump, run around, crab walk, or cartwheel over the snow piles.
- ◆ Make snow ice cream: Use fresh fallen snow to make a yummy treat. For an easy recipe, check out <https://www.gimmesomeoven.com/how-to-make-snow-ice-cream-recipe/>.

REGISTRATION POLICIES

Training Sessions

Training sessions begin promptly; plan to arrive at least 15 minutes EARLY for the training. Sign-in will be allowed until 15 minutes after the start of the training; after 15 minutes you will not be permitted to join the training and this will be considered a "missed class". Refunds or credits are **not** issued for a missed class. **Due to our building's security, if you exit the building during a training, you will be unable to return. Due to our building security you may not enter the building more than 30 minutes prior to the start of a training without an appointment.** When entering, press the button marked "Abilities Network" located on the pole outside the entrance doors of the building.

A certificate will only be given for attending the entire training session/series (ex: if you leave early you will not receive a certificate). If you miss any part of a multi-part course, you will not receive a certificate. All training sessions end on time. Participants **must** ensure transportation is secured for prompt pick-up. Upon completion of the training session, the training room and/or building is locked and secured. Participants may not remain in the building. Neither Abilities Network, Child Resource Center staff nor its contractors are responsible for participants who remain outside the building once the building closes.

Training Format

Training sessions are recognized and approved by the Maryland State Department of Education – Office of Child Care (OCC). In accordance with COMAR, an assessment is given at all training sessions as required. This may be in the form of an activity, group project, homework or written test. A passing score on the assessment is required for successful completion of course and receipt of a Core of Knowledge certificate.

Certificates are sent by mail within 10 business days of the training session unless otherwise noted by the trainer. **Certificates are not awarded the same day as the training.** Complete and accurate mailing addresses are required upon registration.

Participants Only

Training sessions are designed for REGISTERED ADULTS only. Please make other arrangements for your children, so they will be safe and happy while you attend the training.

Refunds/Credits

Training sessions are non-refundable. In the event a participant wishes to cancel registration, a credit for future training may be issued. Cancellations must be received 48 hours before the scheduled start time to be eligible for a credit. The credit must be used within 6 months. Missed training sessions will not be refunded or credited (including late arrivals or leaving early). Beginning July 1 2018: There will be a processing fee of \$10 for all duplicate certificate requests. Certificates are not be mailed until payment is received.

Class Cancellations

Training sessions are cancelled if Baltimore County Public Schools are closed due to inclement weather or if they cancel weekend/evening activities due to inclement weather or other emergencies. Participants will not be notified of cancellations due to inclement weather and check local closings. Training sessions may also be cancelled due to low enrollment or other administrative reasons. You will be notified by email if a class is cancelled due to these circumstances.

To find out if training is cancelled, call 410-828-7700.

Training Date	Participant Name (s)	Training Title	Cost
Total Amount			\$

Register and pay online at
www.anprojectact.org

Unlimited Training Passes available!

Train to your heart's content! Once you have purchased an Unlimited Pass, you are able to attend **unlimited** in-person training sessions with Abilities Network Project ACT as you'd like throughout the year for **no additional cost**. Enrolled in the Maryland Child Care Credential Program? Get unlimited access to training to meet COK requirements to move up through credentialing levels! Starting your own Family Child Care Program? Unlimited access to training with the Unlimited Pass will save you money on your start up training requirements!

Project ACT Child Resource Centers

UNLIMITED TRAINING

Pass

Unlimited training* for 1 year!
Starting at \$100

Learn more at
www.anprojectact.org

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Center
at
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Towson, MD 21286

Phone:
443-900-6458

E-mail:
crcbc@abilitiesnetwork.org

Serving Baltimore,
Harford and Cecil
Counties

FIND US ON FACEBOOK!

@CHILDRESOURCECENTER

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can update your record now at <https://locate.marylandfamilynetwork.org/Provider/login>. Once you enter your information, it will be reviewed and activated in our database within just two business days. Everyone who updates their record will receive an entry in our monthly drawing for a \$25 Amazon gift card. If you need a paper copy of our questionnaire, please call the provider line at 866.752.1614

Update your record now at <https://locate.marylandfamilynetwork.org/Provider/login>

Check out some
of our BRAND NEW
trainings!!



The Project ACT Child Resource Center of Baltimore, Harford and Cecil County is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network, and Abilities Network.

Training Calendar

Date Location/ Time	Training Name	COK Hour	Description	Cost
1/13/20 and 1/14/20 Towson Office 6:30-9:30	Emergency and Disaster Preparedness	HSN-3 PRO-3	Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation and other possibilities.	\$60 nonmember \$55 member <i>Must attend both sessions to receive certificate.</i> \$0 Unlimited Pass Holder
1/22/20 Towson Office 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
1/23/20 Hereford Branch of Baltimore County Public Library 16940 York Rd Hereford, MD 6:30-8:30	Simple Sign Language	SN-2	Participants will learn about American Sign Language and how the use of multiple modes of communication can benefit all learners. Through fun and engaging activities, participants will learn 20 simple signs that are useful in an early childhood setting. Using current research and a variety of resources, participants will discuss how using sign with young children supports children with special needs. Participants will also learn strategies for teaching signs to children and engaging families.	\$5 (courtesy of Baltimore County Early Childhood Advisory Council)
1/27/20 Towson Office 6:30-8:30	Recognizing and Reporting Child Abuse and Neglect	HSN-2	Participants will define the different types of child abuse and neglect. They will understand their role as a mandated reporter and learn how to respond to a child who discloses child abuse or neglect.	\$25 nonmember \$20 member \$0 Unlimited Pass Holder
1/30/20 Towson Office 6:30-9:30	Developmentally Appropriate Practice: Infants and Toddlers	CUR-3	Developmentally appropriate practice (DAP) should occur in every program for every age. Participants will define DAP and discover exactly what a DAP environment for infants and toddlers looks like, as well as what activities to include every day.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

2/3/20 Towson Office 6:30-9:30	Let's Talk the Talk	CD-3	During this interactive workshop, participants will take a close look at speech and language development. Participants will understand the anatomy of speech and hearing mechanisms, the developmental progression of speech and language, the importance of hearing on speech language development, the timeline for specific sound development and the process of learning English as a second language. Strategies to support the development of speech and language skills will be shared.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
2/5/20 Essex Branch of Baltimore County Public Library 1110 Eastern Blvd. Essex 6:30-8:30	Simple Sign Language	SN-2	Participants will learn about American Sign Language and how the use of multiple modes of communication can benefit all learners. Through fun and engaging activities, participants will learn 20 simple signs that are useful in an early childhood setting. Using current research and a variety of resources, participants will discuss how using sign with young children supports children with special needs. Participants will also learn strategies for teaching signs to children and engaging families.	\$5 (courtesy of Baltimore County Early Childhood Advisory Council)
2/6/20 Towson Office 6:00- 6:30	Supporting Breastfeeding in Child Care	.5 CTE	The Supporting Breastfeeding class meets the training requirement for child care facilities and family child care providers who care for infants and toddlers.	\$10 nonmember \$5 member \$0 Unlimited Pass Holder
2/6/20 Towson Office 7-9	SIDS, SUID and Other Sleep Related Infant Deaths	HSN-2	As infant and toddler caregivers, it is important to understand SIDS and sleep related deaths, including the many strategies which can be implemented to reduce the risk of sleep related deaths. Participants will review what SIDS and sleep related deaths are, review recent research and statistics, recommendations and strategies for keeping children safe.	\$25 nonmember \$20 member \$0 Unlimited Pass Holder
2/13/20 Towson Office 6:30-9:30	Little Boy Blues	CD-2 CUR-1	This training talks about the struggles boys are experiencing in the United States and research on why boys are not doing well as girls. Participants will be given a review of research on gender differences in development of boys, cultural expectations and the impact of the academic focus of preschool and child care programs.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

			Strategies to address the findings will be shared.	
2/18/20 Towson Office 6:30-9:30	Redesign Your Circle Time	CUR-2 SN-1	Through engaging discussions, hands-on activities, and thoughtful self-reflection, participants will explore developmentally appropriate best practices regarding Circle Time. How can you shift your focus to social/emotional development? Do children have to sit criss cross applesauce in order to learn? Do you have to do weather and calendar during Circle Time? Find out these answers and more!	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
2/24/20 Towson Office 6:30-9:30	Basic Health and Safety	HSN-3	This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas. Key topics include: establishing and maintaining a safe and healthy environments; safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
3/4/20 Towson Office 6:30-8:30	Simple Sign Language	SN-2	Participants will learn about American Sign Language and how the use of multiple modes of communication can benefit all learners. Through fun and engaging activities, participants will learn 20 simple signs that are useful in an early childhood setting. Using current research and a variety of resources, participants will discuss how using sign with young children supports children with special needs. Participants will also learn strategies for teaching signs to children and engaging families.	\$25 nonmember \$20 member \$0 Unlimited Pass Holder
3/12/20 Towson Office 6:30-9:30	**Skill Builders Series: Wonderful Workplace Building Strong Teams Through Understanding Personality Types	PRO-3	This training explores the 17 essential qualities of a team player, the top 11 reasons why there is a breakdown in teamwork and then explores the different personalities that make up a team through the lens of Psychogeometrics. Your team will gain new insights into how each team member is "shaped" and this shape causes them to process information and respond to situations in a certain way. Rather than the complicated labels of other personality assessments, Psychogeometrics uses 5 basic shapes to help staff understand each other's	**\$30 nonmember \$25 member \$0 Unlimited Pass Holder

			unique personalities and how to best approach and interact with others for team cohesiveness.	
3/21/20 Towson Office 9-12	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
4/6/20 Towson Office 6:30-9:30	Developmentally Appropriate Art	CUR-2 COM-1	Participants will learn how to implement a developmentally appropriate art curriculum and how to create an environment where art is an integral part of the day. It explores visual arts, how to implement a variety of art experiences for children of all ages, and the educator's role in facilitating creative art activities and engaging children in conversations. It also provides strategies for involving families in art activities at school and in the community.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
4/9/20 Towson Office 6:30-8:30	**Skill Builder Series: Wonderful Workplace The ABCs of XYZ: Communication Across Generations	COM-1 PRO-1	Participants will explore generational groups and learn that each group has its own distinct characteristics, values, and attitudes toward work. Participants will learn the fundamental differences between the generations and which communication methods work best with each. Attendees will gain research-based guidance about communication approaches that can bridge the generation gaps. Through engaging activities and discussion, participants will learn how to effectively communicate with the different generations and styles of parents.	**\$30 nonmember \$25 member \$0 Unlimited Pass Holder
4/14/20 Towson Office	NAFCC Orientation			
4/15/20 Towson Office 6:30-8:30	Express Yourself! Discovering How to Extend Children's Natural Forms of Self Expression to Promote Early Literacy Skills	CUR-2	Participants will learn more about extending children's natural forms of self-expression in three main areas: music and movement, artwork, and storytelling. In each of these areas, the literacy skills that children are acquiring or practicing will be discussed and by participating in a few activities, the audience will have an opportunity to see first hand how these areas naturally develop in	\$25 nonmember \$20 member \$0 Unlimited Pass Holder

			children and how they also greatly enhance reading readiness.	
4/23/20 Towson Office 6:30-9:30	Autism 1: Learning the Basics	SN-3	This is an overview of Autism Spectrum Disorder (ASD) and helps participants understand the complexities related to working with children with ASD. It reviews research and types of successful intervention strategies. Participants will learn practical strategies for assisting children with ASD in the classroom.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
4/28/20 Towson Office 6:30-8:30	Understanding Linguistic and Cultural Diversity and Language Acquisition	SN-1 CD-1	This training explores best practices for working with children who are English Language Learners to help them be successful participants in their preschool setting, while supporting their ability to learn English. Participants will learn the stages of second language acquisition and ways to support children as they move through each phase. Participants will also learn strategies for supporting children in the classroom and working with families to create a successful learning environment.	\$25 nonmember \$20 member \$0 Unlimited Pass Holder
5/14/20 Towson Office 6:30-9:30	**Skill Builder Series: Wonderful Workplace Building Your Resilience	PRO-3	Participants will learn how to improve resilience in their personal and professional lives. By improving resilience factors, they will be able to better cope with or recover from change, loss, adversity, and mistakes.	**\$30 nonmember \$25 member \$0 Unlimited Pass Holder

****Skill Builders Series: *Wonderful Workplace***

Register for all 3 trainings and receive a 15% discount!

This training series is designed to provide early childhood professionals with the opportunity for an in-depth exploration

To register, visit www.anprojectact.org