

MAY 2021

# NETWORK NEWS

Baltimore County Child Resource Center



## Fun in the Sun!

### Find Us

8503 LASALLE ROAD  
TOWSON, MD  
PHONE  
(443) 900-6458

Our offices are currently closed and we are working remotely. For a quick response, please EMAIL us at: [CRCBC@ABILITIESNETWORK.ORG](mailto:CRCBC@ABILITIESNETWORK.ORG)

MONDAY - FRIDAY  
9:00 AM - 4:00 PM

FAX  
(410) 828-7708

Longer days = more sunshine = more time for outdoor activities! Between Covid and cold winter days, everyone has been inside for too long. Take advantage of the warmer weather and spend lots of time outdoors. Allow for free play and structured play during Gross Motor and Outdoor Time.

- Have a picnic outside--it's a nice break in the daily routine.
- Consider taking learning centers outside as a nice change of pace. Materials can be brought outside in bins.
- Plan a sensory scavenger hunt. Include things that can be seen, heard, touched, and smelled. (Example--who can see an airplane, who can touch a piece of grass etc.)



Do you work with schoolagers? Check out a new training called "Surviving Summer with Schoolagers" on May 25th for lots of engaging ideas.

...and of course, don't forget the sunscreen!



## Self-Care Corner

Sometimes we may think that self-care is selfish. But that couldn't be further from the truth. In order to care for others, you **MUST** take care of yourself. Last issue, we talked about planning self-care activities and following through with them. Today it's all about the outdoors and nature.

Research shows that nature has healing properties.

Being outside has so many benefits for everyone, kids and grownups alike! It reduces stress, increases physical activity, restores focus and attention, increases engagement and interest in learning, and promotes social connections and creativity.

Be sure to spend as much time as possible outside to reap all the benefits!



- Looking for ideas on how to take learning outdoor for your children: Check out Outdoor Learning Opportunities on May 11.
- Summer fun ideas with schoolagers? Register for Surviving Summer with Schoolagers on 5/25.
- Positive communication strategies? Check out Positive Words for Positive Actions on 8/12. This training is only \$5.

## CHILD CARE RESOURCE AND REFERRAL COMPLAINT POLICY

Every member of the Maryland Child Care Resource Network strives to provide high quality service to their constituencies. If you have concerns about an incident or some aspect of service at a regional child care resource center, or feel that you or your child has been mistreated by a resource center staff member, contact that resource center directly. If you are not satisfied with the way your concern or complaint is handled by the regional resource center, contact the network manager at Maryland Family Network at 410-659-7701. As the statewide coordinating entity, MFN will investigate the complaint and take appropriate action.

# Training Registration Policies

## **Training Sessions**

Due to Abilities Network guidelines, trainings are now being offered in an online training format. Each participant will need INDIVIDUAL access to a computer, smartphone, or tablet. Specific webinar access details will be sent prior to the training. Please monitor your email for updates. The webinar platform that we use is ZOOM. There will be a knowledge measure and training evaluation provided via Survey Monkey. The knowledge measure and training evaluation are required components of the webinar.

Training sessions begin promptly; plan to log in 10 minutes EARLY for the training. Sign-in will be allowed until 15 minutes after the start of the training; after 15 minutes you will not be permitted to join the training and this will be considered a "missed class". Refunds or credits are not issued for a missed class.

A certificate will only be given for attending the entire training session/series (ex: if you leave early you will not receive a certificate). If you miss any part of a multi-part course, you will not receive a certificate. All training sessions end on time.

## **Training Format**

Training sessions are recognized and approved by the Maryland State Department of Education – Office of Child Care (OCC). In accordance with COMAR, an assessment is given at all training sessions as required. This may be in the form of an activity, group project, homework or written test. A passing score on the assessment is required for successful completion of course and receipt of a Core of Knowledge certificate.

Certificates are sent by email within 10 business days of the training session unless otherwise noted by the trainer. **Certificates are not awarded the same day as the training.**

## **Participants Only**

Training sessions are designed for REGISTERED ADULTS only. Please make other arrangements for your children, so they will be safe and happy while you attend the training.

## **Refunds/Credits**

Training sessions are non-refundable. In the event a participant wishes to cancel registration, a credit for future training may be issued. Cancellations must be received 48 hours before the scheduled start time to be eligible for a credit. The credit must be used within 6 months. Missed training sessions will not be refunded or credited (including late arrivals or leaving early). Beginning July 1 2018: There will be a processing fee of \$10 for all duplicate certificate requests.

## **Class Cancellations**

Training sessions may be cancelled due to low enrollment or other administrative reasons. You will be notified by email if a class is cancelled due to these circumstances. To find out if training is cancelled, call 410-828-7700.

In the event Abilities Network cancels a training session, we will reschedule or substitute the training. If the training cannot be rescheduled, a substitution cannot be arranged, or if you are unable to attend the rescheduled training, you will receive a full refund.

Helping Boys  
Blossom

JUNE 14, 2021

Register & Pay Online

[www.anprojectact.org](http://www.anprojectact.org)



# Training Calendar

Date/ Time	Training Name	COK Hour	Description	Cost
5/3/21 6:30-9:30	Lively Arts for Preschoolers	CUR-3	The Arts are more than drawing and painting; they are a variety of mediums that enable young children to express themselves in unique ways through dance, movement, singing, drawing, painting, and so much more. The Arts offer children whole body experiences enabling them to share their unique self.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
5/5/21 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. <i>This training will meet the 3 hour training requirement for MSDE.</i>	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
5/11/21 6:30-9:30	Outdoor Learning Opportunities: Bringing the Classroom Outdoors	CD-1 CUR-1 HSN-1	Throughout this advanced training, participants will discuss in depth the importance of outdoor play for young children. Through large and small group discussion, pictures, and descriptive outdoor play scenarios, participants will be exposed to many innovative ideas to bring the indoor classroom environment outdoors, including such ideas as dramatic arts, visual arts, musical opportunities, nature journaling and planting a garden.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

5/13/21 6:30-8:30 TA Sessions: 5/20 and 5/27 6:30-7:30	Building Resilience in Young Children	CD-3 (for training) PRO-2 (for attending both TA sessions)	Participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.	<b>\$5 Nonmember/Member \$0 Unlimited Pass Holder</b> <i>Discount courtesy of Early Childhood Mental Health Project</i>
5/17/21 6:30-9:30	Enhancing Rituals and Routines	CUR-3	This workshop focuses on why rituals and routines are important and shares new ideas for enhancing or extending what educators do to encourage children's growth and development, connect with families, and highlight the unique aspects of their program. Participants will have opportunities to share ideas and learn new techniques for helping children with separations and transitions, enriching group times, providing adaptations for children who need assistance, and transforming everyday routines into learning opportunities.	<b>\$5 Nonmember/Member \$0 Unlimited Pass Holder</b> <i>Discount courtesy of the Baltimore County Early Childhood Advisory Council</i>
5/19/21 6:30-9:30 TA Sessions: 5/26/21 and 6/9/21 6:30-7:30	Introduction to Inclusion: Educating All Children Together	SN-2 PRO-1 (for training) PRO-2 (for TA sessions)	Participants will learn about including children with special needs in their child care.	<b>\$5 Nonmember/Member \$0 Unlimited Pass Holder</b> <i>Discount courtesy of Special Needs Infant Toddler Grant</i>
5/25/21 6:30-9:30	Surviving Summer with School Agers	CUR-3	This course is designed for child care providers who work with school-agers, aged 5-8 years. Topics and activities will focus on social emotional development and self-esteem, peer relationships, gross and fine motor development, cognitive development and language development.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

5/27/21 6:30-9:30	Behavior Management: A Director's Perspective	CD-2 PRO-1	Are you a leader in your program? Aspirations of becoming a director? This training looks at behavior management from a director's viewpoint.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
6/2/21 <b>and</b> 6/3/21 6:30-8:30	Establishing a Positive Approach to Address Challenging Behaviors	CUR-2 CD-1 SN-1	This interactive training is a comprehensive look at positive ways to approach challenging behaviors in the classroom. Part 1 explores the attitudes and strategies necessary to create a positive environment for children. Part 2 explores steps teachers should follow to create effective behavior plans. <i>Both parts must be taken to successfully complete the course and receive a certificate.</i> Participants will leave this training with several strategies they can choose to implement immediately in their educational setting.	\$40 nonmember \$35 member \$0 Unlimited Pass Holder
6/7/21 6:30-9:30	Classroom Schedules and Transitions: Tricks and Tips to Help Your Day Run Smoothly	CUR-3	Having a great schedule that considers the needs and capabilities of your infants/toddlers/preschoolers can make the difference between great days and not-so-good days. Just as important as a schedule is how you transition from one activity to another. This training empowers teachers to create schedules that will get the most out of their day and the most out of the children in their care.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
6/9/21 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

6/14/21 6:30-9:30	Helping Boys Blossom: Strength-Based Approaches to Teaching Boys	CD-1 CUR-1 SN-1	Despite current research showing that there are not many differences between boys and girls, the statistics show that boys are still facing many challenges. In this training, participants will clarify their role in supporting boys' growth, barriers that are created, and strength-based approaches to help boys blossom.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
6/17/21 6:30-8:30	Stranger Danger	HSN-2	This workshop focuses on teaching children about personal safety and the many ways strangers access children: outside, at home, and online. It will also delve into tips and skills to keep children safe from strangers.	\$25 for nonmembers \$20 for members \$0 Unlimited Pass Holders
6/23/21 6:30-9:30	Cross-Cultural Support for Grieving Children and Families	CD-3	Supporting someone as they struggle through loss and grief can be incredibly difficult, especially when the bereaved individual is a child. Through this interactive and informative workshop, participants will learn what children understand about death at different ages and what their grief might look like. We will also cover practical information about supportive things to say and do for children and adults who are grieving. Please note: This workshop may be emotionally triggering for some. If you have recently experienced a loss, you may want to consider attending an alternative workshop.	<b>\$5 Nonmember/Member</b> <b>\$0 Unlimited Pass Holder</b> <i>Discount courtesy of the Baltimore County Early Childhood Advisory Council</i>
6/24/21 6:30-8:30	Sensory Play for Infants and Toddlers	CUR-2	Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in infants and toddlers.	\$25 for nonmembers \$20 for members \$0 Unlimited Pass Holders

6/28/21 6:30-8:30	<i>Program for Infant Toddler Care:</i> Language in the Multicultural Child Care Setting	COM-1 PRO-1	Children's feelings of security and self esteem are deeply embedded in a positive identification with their own family and culture of origin. A positive identification with their own family and culture in infants and toddlers is best supported when the child's primary caregiver shares the culture and language of the child's family. Caregivers from cultures different than that of the child's family must find other ways to support the cultural and family identity. In this class, participants will explore the challenges of meeting the needs of infants and toddlers in a culturally and linguistically diverse child care setting. Participants will examine their own caregiving practices and attitudes in relation to caring for children from homes where mainstream English is not spoken.	\$25 for nonmembers \$20 for members \$0 Unlimited Pass Holders
7/8/21 6:30-8:30	Promoting Resiliency in Young Children	CD-2	Participants will gain an understanding of resiliency, and the important role attachment plays in helping children. Participants will learn factors that contribute to the formation of attachment relationships and discover intervention strategies that can be used to promote resiliency in children.	<b>\$5 Nonmember/Member</b> <b>\$0 Unlimited Pass Holder</b> <i>Discount courtesy of the Baltimore County Early Childhood Advisory Council</i>
7/12/21 and 7/13/21 6:30-9:30	Emergency and Disaster Preparedness	HSN-3 PRO-3	Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation and other possibilities. <i>Must</i>	\$60 nonmember \$55 member \$0 Unlimited Pass Holder

			<i>attend both sessions to receive certificate.</i>	
7/14/21 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. <i>This training will meet the 3 hour training requirement for MSDE.</i>	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
7/19/21 6:30-9:30	Connection vs. Perfection	SN-3	It only takes 30% of attunement with an infant or toddler to form a secure attachment. The other 70% is where mistakes or challenges within a relationship may occur. Infants and toddlers crave authenticity within their relationships just like we do, and with authenticity comes “oops”. In this training participants, will explore how our “oops” can breed a more connected relationship specifically with infants and toddlers with special needs and those whose culture is different from our own. This session will focus on examining how choosing connection over perfection can be the answer to supporting strong relationships with ALL of our youngest learners.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
7/22/21 6:30-8:30	SIDS, SUID and Other Sleep Related Infant Deaths	HSN-2	As infant and toddler caregivers, it is important to understand SIDS and sleep related deaths, including the many strategies which can be implemented to reduce the risk of sleep related deaths. Participants will review what SIDS and sleep related deaths are, review recent research and statistics, recommendations and strategies for keeping children safe.	\$25 nonmember \$20 member \$0 Unlimited Pass Holder

<p>7/27/21 6:30-8:30</p>	<p>Simple Sign Language</p>	<p>SN-2</p>	<p>In this training, participants will learn about American Sign Language and how the use of multiple modes of communication can benefit all learners. Through fun and engaging activities, participants will learn 20 simple signs that are useful in an early childhood setting. Using current research and a variety of resources, this training will discuss how using sign language in the early childhood classroom supports children with special needs. Participants will also learn strategies for teaching signs to young children and engaging families.</p>	<p>\$25 nonmember \$20 member \$0 Unlimited Pass Holder</p>
<p>7/29/21 6:30-8:30</p>	<p>A Play on Literacy</p>	<p>CUR-2</p>	<p>A Play on Literacy discusses the literacy developmental milestones for ages 6 months through 5 years. It is an in-depth training on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children's literacy development. It also includes information on how to implement adaptations for children with disabilities.</p>	<p>\$25 nonmember \$20 member \$0 Unlimited Pass Holder</p>
<p>8/3/21 6:30-9:30</p>	<p>Keys to Inclusion and Behavior Management</p>	<p>CUR-2 SN-1</p>	<p>This training addresses best practices in Early Childhood Education, with regards to inclusion and behavior management. Through hands-on activities and experiences, teachers will explore and increase their familiarity with best practices, such as an engaging classroom arrangement, balanced visual schedules, effective transitions, how to best utilize classroom staff, using proactive language for behavior management and the importance of teaching about emotions.</p>	<p>\$30 nonmember \$25 member \$0 Unlimited Pass Holder</p>

<p>8/5/21 6:30-8:30</p>	<p>Express Yourself! Discovering How to Extend Children's Natural Forms of Self Expression to Promote Early Literacy Skills</p>	<p>CUR-2</p>	<p>Participants will learn more about extending children's natural forms of self-expression in three main areas: music and movement, artwork and storytelling. In each of these three areas, the literacy skills that children are acquiring or practicing will be discussed and by participating in a few activities, the audience will have an opportunity to see first-hand how these areas naturally develop in children and how they also greatly enhance reading readiness.</p>	<p>\$25 nonmember \$20 member \$0 Unlimited Pass Holder</p>
<p>8/9/21 6:30-9:30</p>	<p>Basic Health and Safety</p>	<p>HSN-3</p>	<p>This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas. Key topics include: establishing and maintaining a safe and healthy environment; safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures. Completion of this training does not meet regulatory requirements for specified training in Medication Administration, CPR/First Aid, or Emergency and Disaster Preparedness.</p>	<p>\$30 nonmember \$25 member \$0 Unlimited Pass Holder</p>
<p>8/11/21 6:30-9:30</p>	<p>Developmentally Appropriate Supervision</p>	<p>CD-3</p>	<p>Participants will be able to describe the term supervision based upon COMAR Regulations, NAEYC's best practices and identify strategies for both indoor and outdoor environments that allow for proper supervision at all times. Participants will determine appropriate interactions with children through active monitoring will ensure safety and maximize learning.</p>	<p>\$30 nonmember \$25 member \$0 Unlimited Pass Holder</p>

8/12/21 6:30-9:30	Positive Words for Positive Actions	CD-3	Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.	<b>\$5 Nonmember/Member</b> <b>\$0 Unlimited Pass Holder</b> <i>Discount courtesy of the Baltimore County Early Childhood Advisory Council</i>
8/17/21 6:30-8:30	Recognizing and Reporting Child Abuse and Neglect	HSN-2	Participants will define the different types of child abuse and neglect. They will understand their role as a mandated reporter, and learn how to respond to a child who discloses abuse or neglect.	\$25 nonmember \$20 member \$0 Unlimited Pass Holder
8/18/21 6:30-9:30	Including All Children and the Americans with Disabilities Act	SN-3	This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. <i>This training will meet the 3 hour training requirement for MSDE.</i>	\$30 nonmember \$25 member \$0 Unlimited Pass Holder
8/25/21 6:30-9:30	Building Classroom Communities	CUR-1.5 COM-1.5	This training addresses the various components involved in creating a supportive classroom community. In such an environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so everyone can learn and grow. The training explores the three major leadership styles and their impact on a classroom, and it demonstrates how to utilize essential skills for building positive relationships between all staff and children. The elements of a caring classroom community are identified; an action plan with practical and personalized strategies will be created so you	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

			can start the school year off on a great note!	
8/31/21 6:30-9:30	Developmentally Appropriate Practice: Recognizing the Essentials	CUR-3	This training teaches about the essentials of Developmentally Appropriate Practices (known as DAP) so that teachers can use knowledge about child development to create a program that is suitable for the age and stage of development of the children in their group. It covers the five essentials of DAP, which are age appropriateness, individual appropriateness, child-guided and teacher-guided experiences, cultural and social responsiveness, and play.	\$30 nonmember \$25 member \$0 Unlimited Pass Holder

**To register, visit [www.anprojectact.org](http://www.anprojectact.org)**

**Did you know that you can take training courses at your own pace through Smart Horizons?**

**Child Care Professional Education Center**

Our training courses are designed to help early childhood professionals complete annual training requirements and acquire required training hours for those seeking a Child Development Associate (CDA) credential, CDA credential renewal or in-service training. Our courses provide a variety of engaging topics designed specifically for the early childhood professional.

**Courses are available 24 hours a day, 365 days a year!**

Access the entire library of online self-paced training at the site below.

<https://www.smarthorizons.org/landing/antm/>

## LOCATE: Child Care

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can [update your record now](#). Once you enter your information, it will be reviewed and activated in our database. Everyone who updates their record will receive an entry in our monthly drawing for a \$25 Amazon gift card. If you need a paper copy of our questionnaire, please call the provider line at 866.752.1614.



## Baltimore County Early Childhood Advisory Council (ECAC)

Through a generous partnership, the Baltimore County Early Childhood Advisory Council (ECAC) has provided Abilities Network Project ACT the opportunity to offer deeply discounted trainings to providers in Baltimore County. All of the trainings will have a mental health/social emotional development focus.

**Great news-- trainings will cost only \$5!**

## Summer Fun Activities

Looking for some fun ways to spend the warm summer days? Consider some of these fun ideas, and of course, check with your licensing specialist with any questions:



- Make Sand Foam for some sensory fun: Put some sand in a bin and spray a bunch of shaving cream on top. Invite preschoolers to mix together with their hands. It should look light and fluffy. Add toy trucks or sand toys.
- Fill some buckets with water, throw in some house painting brushes, and encourage kids of all ages to paint the fences, walls, and/or windows.
- Frozen Water Beads: Using floral water beads, or jelly beads (check Amazon for good deals!), add water to watch them grow. After they have expanded, put them in the freezer. After a few hours, toss them into a sensory bin and let the kids scoop, hold, squish, and hammer them to their hearts' content.
- Building with Mud Bricks: Create mud bricks by having children scoop and pack mud into ice cube trays. Bake in the sun for a few hours until solid. Remove the mud bricks and let the kiddos become engineers!
- Scavenger Hunt: Create a list of items that can be found outside. Include things from all senses (hearing a fire engine, seeing an airplane, touching mulch, etc.).

## Introduction to Inclusion: Educating All Children Together



Join us on 5/19 to become more familiar with ideas to use to become even more inclusive. Receive 3 COK hours for the training and an additional 2 hours for the follow up TA sessions on 5/26 and 6/9. Only \$5, courtesy of the Special Needs Infant and Toddler Grant



## BUILDING RESILIENCE

### MENTAL HEALTH & BEHAVIOR CONSULTATION

Available for Children Age Birth-Five in  
Baltimore, Harford & Cecil County  
Childcare Programs

#### FREE SUPPORT

*for difficulties with*

- Social Skills
- Separation Anxiety
- Challenging Behaviors
- Emotional Regulation
- Sensory Sensitivities

**This service is**  
**FREE.**  
**Click here for**  
**more information.**

May 2-8, 2021 is Children's  
Mental Health Week!

Wear green to raise  
awareness of the importance  
of children's mental health.

May 7th is Children's Mental  
Health Day!

Children's  
Mental  
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Matters.org  
A MARYLAND PUBLIC  
AWARENESS CAMPAIGN

## Free Virtual Support Group for Parents and Caregivers



### FREE SUPPORT

for difficulties with :

- Coping with isolation
- Implementing self-care
- Challenging behaviors
- Separation anxiety
- Emotional regulation
- Sensory sensitivities

For more information, visit [our website.](#)



## Empowering Each Other

### FREE VIRTUAL SUPPORT GROUP FOR PROVIDERS

*2nd Wednesdays from 7:30-8:30pm  
Drop In - No Registration Required*

[Sign up here to receive the monthly Zoom link.](#)

## Follow Us!



The Project ACT Child Resource Center of Baltimore, Harford and Cecil County is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network, and Abilities Network.