

JULY 2022

NETWORK NEWS

Baltimore, Harford, and Cecil Counties Child Resource Center



Find Us

8503 LASALLE ROAD
TOWSON, MD
PHONE
(443) 900-6458

We are currently using a hybrid model and providing some in-person services. For more information, please contact us at: CRCBC@ABILITIESNETWORK.ORG

MONDAY - FRIDAY
9:00 AM - 4:00 PM

FAX
(410) 828-7708



We have some exciting news! Project ACT now has two new Family Resource Specialists! You may be wondering what a Family Resource Specialist does. Here is a sampling of how they can help:

They collaborate with MCCRN (Maryland Child Care Resource Network) to provide family referrals to quality child care and offer hand offs to local specialty services including Child Find, Healthy Families and Judy Centers.

They will create and coordinate family education services based upon the needs of the community and the MCCRN.

They will offer assistance and support at local community events to help increase family protective factors, as well as education on choosing high quality child care.

They will collaborate with Office of Child Care and other partners to assist families in applying for and receiving community services.

They do much more too! Stay tuned for more information on how our Family Resource Specialists can assist families.

"If it takes a village to raise a child; it takes a village to support that child's parent." --Ann Douglas

CRC Program Manager, Sara Foura



Self-Care Corner

Mantras can be an important part of self-care. What is a mantra? It's defined as a tool of the mind that has a spiritual effect on a person's will or emotional state of being. They have been shown to affect the inward state of a person's state of mind. Mantras work great when paired with deep breathing.



PROJECT ACT STAFF'S MANTRAS

Here are some of our favorite mantras. Do you see any that resonate with you?

- Jen Jurch: *I accept myself. I accept today.*
- Stephanie Cooper: *I can nurture things even when I make mistakes.*
- Jill Stark: *Yesterday is history, tomorrow is a mystery, and today is a gift. That's why they call it the present.*
- Brittany Bracey: *I will allow myself to admire the small details of each day, from taste and smell to image and emotions, because the seasons of life too often change.*
- Angie Sparks: *This too shall pass.*



- Attachment and the Developing Brain, 7/28/22
- **Creating Preschool Coding Stories and Games, 8/18/22**
- I'm Not Biased, Am I? Implicit Bias: What is it and What Can I Do About It, 9/15/22
- **Recognizing Anxiety in Little People, 9/20/22**
- Connection Through Communication, 9/26/22

Training Registration Policies

Training Sessions

Due to Abilities Network guidelines, trainings are now being offered in an online training format. Each participant will need INDIVIDUAL access to a computer, smartphone, or tablet. Specific webinar access details will be sent prior to the training. Please monitor your email for updates. The webinar platform that we use is ZOOM. There will be a knowledge measure and training evaluation provided via Survey Monkey. The knowledge measure and training evaluation are required components of the webinar.

Training sessions begin promptly; plan to log in 10 minutes EARLY for the training. Sign-in will be allowed until 15 minutes after the start of the training; after 15 minutes you will not be permitted to join the training and this will be considered a "missed class". Refunds or credits are not issued for a missed class.

A certificate will only be given for attending the entire training session/series (ex: if you leave early you will not receive a certificate). If you miss any part of a multi-part course, you will not receive a certificate. All training sessions end on time.

Training Format

Training sessions are recognized and approved by the Maryland State Department of Education – Office of Child Care (OCC). In accordance with COMAR, an assessment is given at all training sessions as required. This may be in the form of an activity, group project, homework or written test. A passing score on the assessment is required for successful completion of course and receipt of a Core of Knowledge certificate.

Certificates are sent by email within 10 business days of the training session unless otherwise noted by the trainer.
Certificates are not awarded the same day as the training.

Participants Only

Training sessions are designed for REGISTERED ADULTS only. Please make other arrangements for your children, so they will be safe and happy while you attend the training.

Refunds/Credits

Training sessions are non-refundable. In the event a participant wishes to cancel registration, a credit for future training may be issued. Cancellations must be received 48 hours before the scheduled start time to be eligible for a credit. The credit must be used within 6 months. Missed training sessions will not be refunded or credited (including late arrivals or leaving early). Beginning July 1 2018: There will be a processing fee of \$10 for all duplicate certificate requests.

Class Cancellations

Training sessions may be cancelled due to low enrollment or other administrative reasons. You will be notified by email if a class is cancelled due to these circumstances. To find out if training is cancelled, call 410-828-7700.

In the event Abilities Network cancels a training session, we will reschedule or substitute the training. If the training cannot be rescheduled, a substitution cannot be arranged, or if you are unable to attend the rescheduled training, you will receive a full refund.



Register & Pay Online
www.anprojectact.org



Training Calendar

| Date/ Time | Training Name | COK Hour | Description | Cost |
|--------------------------------------|--|----------------|--|--|
| 7/6/22 AND 7/7/22 6:30-9:30 | Emergency Preparedness for Child Care Programs | HSN-3 PRO-3 | Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation and other possibilities. | \$5 nonmember Courtesy of MSDE \$0 Unlimited Pass Holder |
| 7/13/22 6:30-7:30 | Build Your Perfect Emergency Plan | NA | Build Your Perfect Plan coaching sessions will provide additional resources, mentoring and strategies to support Emergency and Disaster Preparedness plan development in a group setting. These sessions are free and open to all providers around the state, regardless of where or when they attended Emergency and Disaster Preparedness training. | FREE |
| 7/14/22 6:30-9:30 | Supporting Grieving Children and Families | CD-3 | Supporting someone as they struggle through loss and grief can be incredibly difficult, especially when the bereaved individual is a child. Through this interactive and informative workshop, participants will learn what children understand about death at different ages and what their grief might look like. We will also cover practical information about supportive things to say and do for children and adults who are grieving. Please note: This workshop may be emotionally triggering for some. If you have recently experienced a loss, you may want to consider attending an alternative workshop. | \$5 (courtesy of Baltimore County Early Childhood Advisory Council) \$0 Unlimited Pass Holder |
| 7/18/22 6:30-9:30 | Including All Children and the Americans with Disabilities Act | SN-3 | This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE. | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |

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|-----------------------|---|---------------|--|--|
| 7/19/22 1:00-2:00 | Infant/Toddler Communities of Practice: Play Based Learning | NA | Stay tuned for details. | FREE |
| 7/26/22 6:30-8:30 | Simple Sign Language | SN-2 | In this training, participants will learn about American Sign Language and how the use of multiple modes of communication can benefit all learners. Through fun and engaging activities, participants will learn 20 simple signs that are useful in an early childhood setting. Using current research and a variety of resources, this training will discuss how using sign language in the early childhood classroom supports children with special needs. Participants will also learn strategies for teaching signs to young children and engaging families. | \$5 courtesy of Special Needs Grant from MSDE \$0 Unlimited Pass Holder |
| 7/28/22 6:30-/8:30 | Attachment and the Developing Brain | CD-1 SN-1 | Attachments that are not fostered may lead to a child's inability to properly attach or to have no attachment at all. Understanding the stages and types of attachment is imperative for ECE professionals. Through a mixture of engaging activities and discussion, participants will garner knowledge and practical strategies on how to support the developing brains of infants and toddlers. | \$30 nonmember \$25 member \$0 Unlimited Pass Holder NEW! |
| 8/1/22 6:30-9:30 | Keys to Inclusion and Behavior Management | CUR-2 SN-1 | This training addresses best practices in Early Childhood Education with regards to inclusion and behavior management. Through hands-on activities and experiences, teachers will explore and increase their familiarity with best practices, such as an engaging classroom arrangement, balanced visual schedules, effective transitions, how to best utilize classroom staff, using proactive language for behavior management, and the importance of teaching about emotions. | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |

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| 8/4/22 6:30-8:30 | Take a Step Back: The Importance of Behavioral Observation | CD-1 SN-1 | Observation is the key to changing children's behaviors. Hands-on activities will allow providers to identify the function of behavior and strategies to help change the behaviors. | \$30 nonmember \$25 member \$0 Unlimited Pass Holder |
| 8/9/22 AND 8/11/22 6:30-9:30 | Emergency Preparedness for Child Care Programs | HSN-3 PRO-3 | Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation and other possibilities. | \$5 nonmember Courtesy of MSDE \$0 Unlimited Pass Holder |
| 8/10/22 6:30-9:30 | Including All Children and the Americans with Disabilities Act | SN-3 | This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE. | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |
| 8/15/22 6:30-7:30 | Build Your Perfect Emergency Plan | NA | Build Your Perfect Plan coaching sessions will provide additional resources, mentoring and strategies to support Emergency and Disaster Preparedness plan development in a group setting. These sessions are free and open to all providers around the state, regardless of where or when they attended Emergency and Disaster Preparedness training. | FREE |
| 8/16/22 6:30-8:30 | The ABC's of XYZ: Communication Across Generations | COM-1 PRO-1 | In this training, participants will explore generational groups and learn that each group has its own distinct characteristics, values and attitudes toward work. Participants will learn the fundamental differences between the generations and which communication methods work best with each. Attendees will gain research-based guidance about communication approaches that can bridge the generation gaps. Through engaging activities and discussion, participants will learn how to effectively communicate with the different generations and styles of parents. | \$5 nonmember \$0 Unlimited Pass Holder Courtesy of Baltimore County Early Childhood Advisory Council |

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| 8/18/22 6:30-8:30 | Creating Preschool Coding Stories and Games | CUR-2 | Coding stories and coding games are playful, hands-on ways for children to explore and experiment with early coding. They offer opportunities for interactions and collaborative learning. If coding is new to you, you will find that it builds on many early math and literacy concepts you are familiar with. | \$30 nonmember \$25 member \$0 Unlimited Pass Holder NEW! |
| 8/22/22 6:30-8:30 | SIDS, SUID and Other Sleep Related Infant Deaths | HSN-2 | As infant and toddler caregivers, it is important to understand SIDS and sleep related deaths, including the many strategies which can be implemented to reduce the risk of sleep related deaths. Participants will review what SIDS and sleep related deaths are, review recent research and statistics, recommendations and strategies for keeping children safe. | \$30 nonmember \$25 member \$0 Unlimited Pass Holder |
| 8/23/22 6:30-9:30 | Redesign Your Circle Time | CUR-2 SN-1 | Through engaging discussions, hands-on activities, and thoughtful self-reflection, participants will explore developmentally appropriate best practices regarding Circle Time. How can you shift your focus to social/emotional development? Do children have to sit crisscross applesauce in order to learn? Do you have to do weather and calendar during Circle Time? Find out these answers and more! | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |
| 8/25/22 6:30-9:30 | Developmentally Appropriate Supervision | CD-3 | Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities. This workshop can be used for licensing compliance requests. | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |
| 9/1/22 6:30-9:30 | Basic Health and Safety | HSN-3 | This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas. Key topics include: establishing and maintaining a safe and healthy environment; safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures. Completion of this training does not meet regulatory requirements for specified | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |

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| | | | training in Medication Administration, CPR/First Aid, or Emergency and Disaster Preparedness. | |
| 9/6/22 AND 9/8/22 6:30-9:30 | Emergency Preparedness for Child Care Programs | HSN-3 PRO-3 | Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation and other possibilities. | \$5 nonmember Courtesy of MSDE \$0 Unlimited Pass Holder |
| 9/12/22 6:30-8:30 | Recognizing and Reporting Child Abuse and Neglect | HSN-2 | Did you know that child care providers are mandated by law to report child maltreatment? In this training you will become familiar with the different types of abuse and neglect and what your responsibilities are. | \$30 nonmember \$25 member \$0 Unlimited Pass Holder |
| 9/14/22 6:30-7:30 | Build Your Perfect Emergency Plan | NA | Build Your Perfect Plan coaching sessions will provide additional resources, mentoring and strategies to support Emergency and Disaster Preparedness plan development in a group setting. These sessions are free and open to all providers around the state, regardless of where or when they attended Emergency and Disaster Preparedness training. | FREE |
| 9/15/22 6:30-9:30 | I'm Not Biased, Am I? Implicit Bias: What is it and What Can I Do about it | PRO-3 | Through self-reflection, participants will recognize the importance of anti-bias/culturally responsive practices. Engaging activities, thought provoking discussions and intentional introspection will encourage participants to examine their own biases and understand how these biases can impact their program. Strategies to address microaggressions, prejudices, and biases will be shared and shared. | \$5 nonmember \$0 Unlimited Pass Holder Courtesy of Baltimore County Early Childhood Advisory Council NEW! |
| 9/20/22 6:30-8:30 | Recognizing Anxiety in Little People | SN-2 | This training will provide participants with a foundational understanding of anxiety in children and adults. Through activities, reflection and discussions, participants will learn approaches to working with children with anxiety. | \$5 nonmember Courtesy of MSDE \$0 Unlimited Pass Holder NEW! |

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|----------------------|--|----------------|---|---|
| 9/21/22 6:30-9:30 | Including All Children and the Americans with Disabilities Act | SN-3 | This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training will meet the 3 hour training requirement for MSDE. | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |
| 9/22/22 6:30-9:30 | Using Visual Supports | CUR-2 SN-1 | The training will promote participants understanding of visual supports as they are used in the classroom. Participants will learn what visual supports are, why they are important, who the benefit and how to create them for use in their classroom. | \$35 nonmember \$30 member \$0 Unlimited Pass Holder |
| 9/26/22 6:30-8:30 | Connection Through Communication | PRO-1 COM-1 | This training will provide participants with information about how communication is effected by age, race, class, and technology. Participants will come away with an understanding that while there are broad generalizations that can be made about how different people communicate based on their identities, communication should also be individualized to each person. | \$30 nonmember \$25 member \$0 Unlimited Pass Holder NEW! |

To register, visit www.anprojectact.org

LOCATE: Child Care

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can [update your record now](#). Once you enter your information, it will be reviewed and activated in our database. Everyone who updates their record will receive an entry in our monthly drawing for a \$25 Amazon gift card. If you need a paper copy of our questionnaire, please call the provider line at 866.752.1614.



CHILD CARE RESOURCE AND REFERRAL COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found [here](#).

If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or email us. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

The Maryland Child Care Resource Network, a program of Maryland Family Network, is a public/private partnership designed to expand and improve child care delivery in Maryland. Maryland Family Network manages the Network and operates as its Statewide Coordinating Entity and receives funding from the Maryland State Department of Education.

Child Care Resource Center Corner

There are a lot of wonderful things going on at the CRC!

- We have 2 brand new Family Resource Specialists. Check out the front page for more info. **Welcome Brittany and Cassandra!**
- Our Early Childhood Coaches support professional development, enhanced program quality, and the successful inclusion of all children through onsite or virtual technical assistance, and access to high quality Core of Knowledge training.
- We have a brand new **Mobile Resource Room!** This **will** give providers an opportunity to construct items that are essential for everyday use in their centers, such as creating/laminating a visual, printing a document, hole punching cards, etc. We have a lot of different supplies in the mobile resource room such as a printer/scanner, laminator, hole punch, construction paper, Velcro, smaller items like staplers, scissors, tape, etc. The mobile resource will be stationed at libraries or places around Baltimore, Harford, and Cecil counties.

ARE YOU A
MEMBER?
JOIN TODAY!
VISIT CCRCBC.COM



In February, we held a Members Only Free Market, where our members had the chance to get some wonderful free items. Over 20 providers got free books, music supplies, bean bag chairs, manipulative, classroom decor and much more. Ms. Roxelle and Ms. Edith were so excited!

Do you want to contribute to our newsletter and earn a PAU? [Click here to submit your article for consideration!](#)

PICTURE YOURSELF AS
OUR FEATURED PROVIDER!



Free Virtual Workshop for Parents and Caregivers



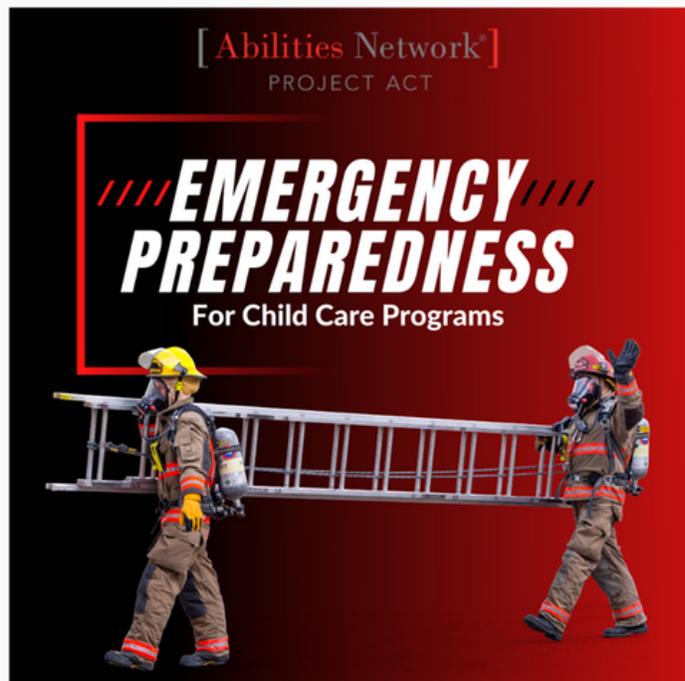
FREE SUPPORT

for difficulties with :

- Morning Madness
- Potty Training
- Challenging behaviors
- Picky Eaters
- Emotional regulation
- Sensory sensitivities

Prizes and free resources at
each session!

For more information, visit
[our website.](#)



ASK THE EXPERT

- Offered monthly
- One hour sessions
- Variety of experts in Emergency and Disaster Preparedness
- Earn a CTO for each session you attend
- Register to win an AWESOME prize
- Register at preparemaryland.org

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The Project ACT Child Resource Center of Baltimore, Harford and Cecil County is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network, and Abilities Network.